

TRICHOLOGY

A BRANCH OF DERMATOLOGY FOCUSING ON THE
SCIENTIFIC STUDY OF THE HEALTH OF HAIR AND SCALP.

POSSIBLE CAUSES OF HAIR LOSS

*Apart from hereditary pattern baldness,
the reasons for losing hair are multifold:*

You may be anaemic, have deficiencies in iron, zinc and/or calcium, have been too strenuously dieting and depriving your body of essential nutrients, or have changed your diet. Perhaps you have knocked your head or are suffering a fungal infection.

Hormonal surges or imbalances, particularly during pregnancy and menopause, as well as hormonal medications (such as the pill and HRT), can contribute to or cause hair loss.

Anabolics (synthetic steroid substances related to the male sex hormones), including growth hormones and creatine, can trigger or aggravate hair loss, leading US hair restoration surgeon Dr Larry Shapiro told the recent trichology conference in Texas.

Certain medications, trauma, extreme stress, thyroid disorders, chronic illness and autoimmune diseases are all known to play a role.

Alopecia areata is a common problem; this is a type of hair loss that occurs when your immune system mistakenly attacks hair follicles, leading to patches of baldness. The hair loss is usually not permanent and trichologists use therapies aimed at reducing the auto-immune attack.



↑ **CLINICAL TRAINING IN SAN ANTONIO, TEXAS**



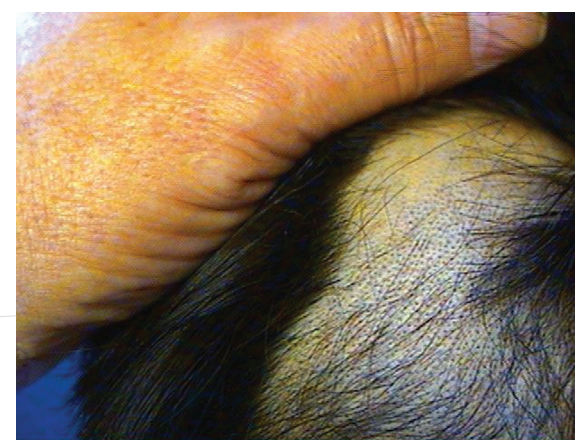
↑ **TINEA CAPITIS**
IAT SIGN OF RINGWORM OF THE SCALP

WHAT IS CAUSING YOUR HAIR LOSS?

By **Trichologist** David Salinger **IAT**

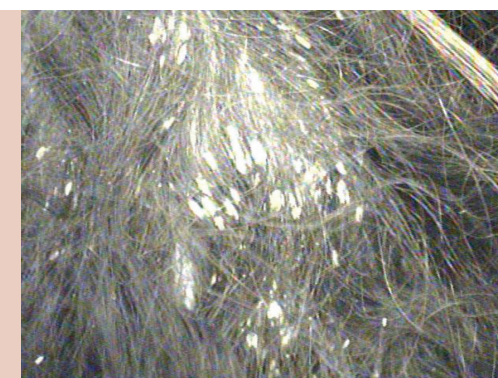
Hair loss is distressing no matter your age or gender.

It is important to have the cause diagnosed by a qualified practitioner - and the sooner the better. It is much easier to stop, or slow the process, if assessed early. Trichology is a branch of dermatology that deals with the hair and scalp. A trichologist not only identifies the causes but is best trained to treat them. Most patients seen by trichologists are women with hair loss problems, but many women still make the common mistake of thinking a hairdresser will have the answers. Hairdressers are not trained for this, according to Australian trichologist David Salinger IAT. Anyone experiencing balding, thinning or unnatural shedding should ideally seek the help of a trichologist. If the problem is discovered to be genetic (that is, Male or female pattern baldness), the trichologist will discuss the possible therapies, including hormonal therapy, topical therapy and natural therapies. Mr Salinger was recently a keynote speaker at a conference held by the International Association of Trichologists in San Antonio, Texas. Other Australian trichologists Kate Dawes, Sue Erickson and Sarah-Marie Morrison also attended.



↑ **ALOPECIA AREATA**

→
**PITYRIASIS
AMANTACEA**



→
**DISCOID LUPUS
ERYTHEMATOSUS**



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