

# S.H.A.P.I.R.O. Chart © 2011 Dr. Larry J. Shapiro All rights reserved

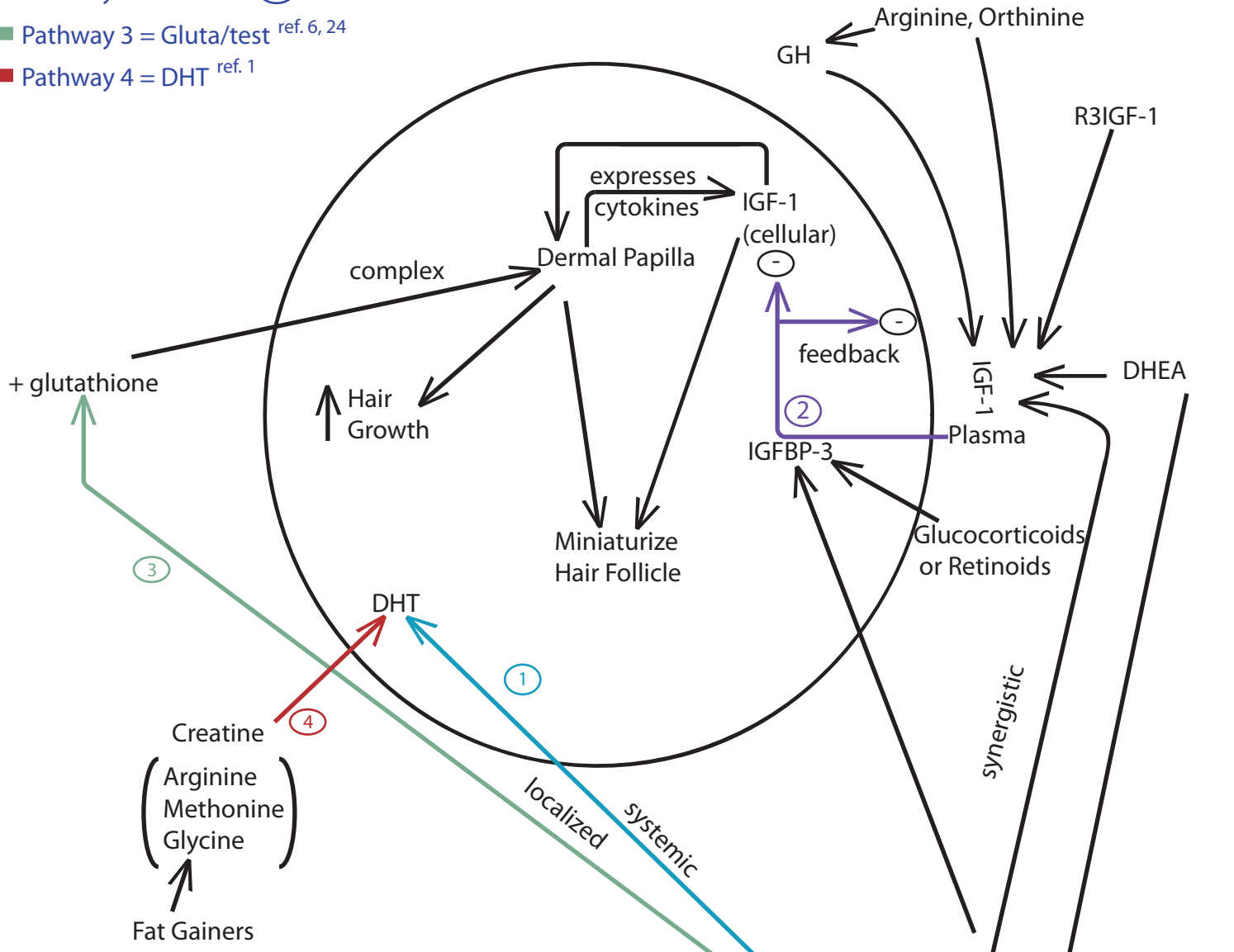
## Shapiro High Anabolic Profile Index Ratings and Overview Chart

Pathway 1 = Test/DHT ref. 4, 5, 8, 10, 25

Pathway 2 = GH/IGF1 ref. 2, 9, 11, 12, 15, 14, 15, 16, 17, 19, 20, 22, 23, 27

Pathway 3 = Gluta/test ref. 6, 24

Pathway 4 = DHT ref. 1



### Anabolic Index Rating

Item	Points	✓
Anabolic Steroids	35	
DHEA	25	
Andro	25	
GH (Growth Hormones)	24	
Creatine	15	
Arginine	13	
Orthonine	13	
Whey Protein Isolate	12	
Leucine	12	
Isoleucine	12	
Valine	12	
S.H.A.P.I.R.O. Score		

### Scoring

S.H.A.P.I.R.O. Score	Risk Level for Hair Loss
35 or higher	Extreme
24 - 34	High
13 - 23	Medium
12 or less	Low

